Novus Mindful Life Institute Reinforces Relational Model in Addiction Treatment Services

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GARDEN GROVE, CA - May 15, 2026 -
Novus Mindful Life Institute Family Counseling & Recovery has formally reaffirmed its relational treatment model across its addiction-focused counseling services. The organization stated that the clarification reflects its longstanding commitment to integrating partner impact and coordinated clinical care within recovery planning.

According to representatives of the organization, addiction treatment services at Novus are structured within a relational framework that considers both individual behavioral patterns and the broader relational context in which those behaviors occur. This approach applies across services addressing sexual addiction, pornography addiction, and related relationship distress.

Duane Osterlind, a representative of Novus Mindful Life Institute Family Counseling & Recovery, stated that the relational model has been foundational to the organization?s clinical philosophy. ?Addiction-related behaviors often have relational consequences,? Osterlind said. ?Our treatment framework accounts for both individual recovery and relational stabilization within a structured and coordinated clinical environment.?

The organization indicated that its team-based structure allows clinicians to collaborate on treatment planning when clinically appropriate. This model is designed to promote accountability while maintaining attention to the relational impact of addictive behaviors.

Novus Mindful Life Institute Family Counseling & Recovery stated that its approach does not isolate addiction treatment from relational dynamics. Instead, therapeutic planning may incorporate consideration of partners affected by behavioral patterns when clinically relevant.

Representatives noted that betrayed partners are not excluded from the broader clinical framework. The organization stated that integrating relational awareness into treatment planning can support stabilization and clarity within recovery progression.

Leadership confirmed that structured consultation practices support consistency within the relational model. Ongoing interdisciplinary case review allows clinicians to coordinate care planning within the agency?s established framework.

The organization further indicated that its addiction treatment services operate under evidence-informed therapeutic approaches. The relational orientation remains integrated throughout assessment, documentation, and structured recovery planning.

Novus Mindful Life Institute Family Counseling & Recovery operates as a coordinated agency rather than a single-provider practice. The team-based model is intended to support continuity, collaborative oversight, and structured case progression across services.

Representatives stated that the reaffirmation of the relational model reflects transparency regarding the principles guiding therapeutic engagement. The organization emphasized that the framework has been part of its methodology since its founding and continues to guide clinical decision-making.

The organization also confirmed that intake procedures and treatment planning protocols include evaluation of relational impact factors when clinically appropriate. This structured consideration is intended to promote consistency and clarity within recovery-oriented care.

Leadership noted that the relational framework applies across addiction-related services and betrayal trauma counseling. The organization maintains that coordinated care can support both individual accountability and relational stabilization within defined therapeutic boundaries.

The organization further stated that collaborative case consultation is incorporated into routine operational practice. These structured discussions are intended to align clinical direction with the relational principles

guiding treatment.

In addition, documentation standards are designed to reflect relational impact considerations when applicable. The organization indicated that consistency in record-keeping supports coordinated planning across clinicians within the agency.

Representatives confirmed that the relational orientation informs both individual counseling and structured group participation when clinically appropriate. The framework is intended to promote clarity in therapeutic objectives while maintaining defined professional boundaries.

Leadership emphasized that the reaffirmation does not represent a change in services but reinforces an established clinical philosophy. The relational model continues to guide therapeutic coordination across addiction treatment and betrayal trauma support.

The organization stated that ongoing internal review practices ensure alignment between clinical delivery and relational treatment principles. Periodic evaluation of coordination processes remains part of its operational standards.

Representatives added that the agency?s coordinated model allows for structured communication among clinicians when cases involve overlapping relational and addiction-related factors. This framework is designed to reduce fragmentation in therapeutic planning.

The organization also indicated that clinical oversight mechanisms support accountability within treatment progression. Structured supervision processes remain integrated within the team-based care model.

Leadership noted that the reaffirmed framework reflects continuity in organizational philosophy rather than the introduction of a temporary initiative. The relational orientation remains embedded in long-term program design.

The organization stated that reinforcing clarity around its relational model is intended to support transparency for individuals and couples seeking addiction-related counseling services. The framework continues to guide structured therapeutic engagement across applicable programs.

Representatives further indicated that coordinated planning across addiction recovery and betrayal trauma services allows for defined therapeutic boundaries while maintaining relational awareness. This structured alignment supports consistency within the agency?s collaborative framework.

The organization confirmed that its reaffirmed relational model will continue to guide service delivery across

addiction-focused counseling programs moving forward. The framework remains central to its coordinated approach to treatment planning and recovery support.

Novus Mindful Life Institute Family Counseling & Recovery was established in 2008 and provides counseling services focused on addiction recovery, relationship repair, and betrayal trauma support. The organization operates under a collaborative clinical structure designed to support coordinated and structured care.

For additional details about the organization?s clinical framework, members of the public may contact Novus Mindful Life Institute Family Counseling & Recovery through its official website.

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For more information about Novus Mindful Life, contact the company here:Novus Mindful LifeDuane Osterlind562-431-5100admin@novusmindfullife.com12832 Valley View St, Ste 107, Garden Grove, CA 92845

Novus Mindful Life

Novus Mindful Life Institute provides sex and pornography addiction therapy, betrayal trauma counseling, and relationship support in Garden Grove.

Website: https://novusmindfullife.com/

Email: admin@novusmindfullife.com

Phone: 562-431-5100

NOVUS MINDFUL LIFE INSTITUTE
FAMILY COUNSELING AND RECOVERY